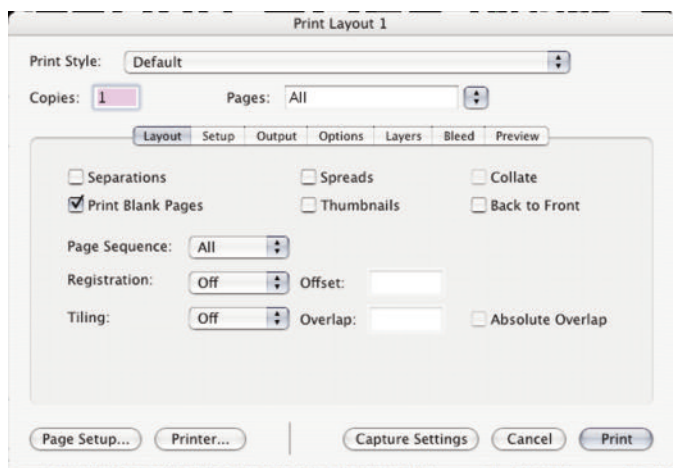
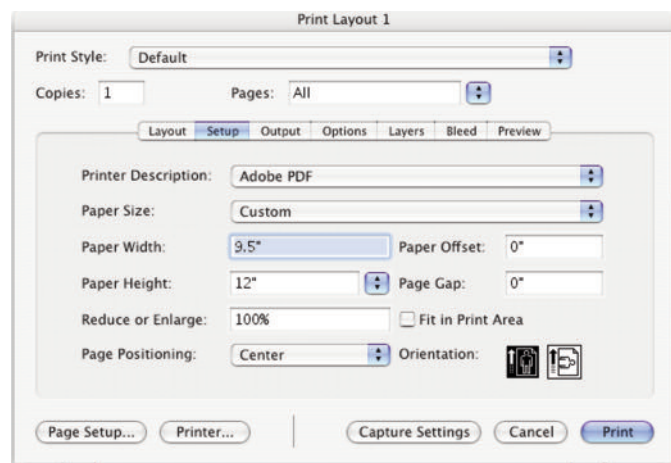


Creating PDFs. Quark 6.

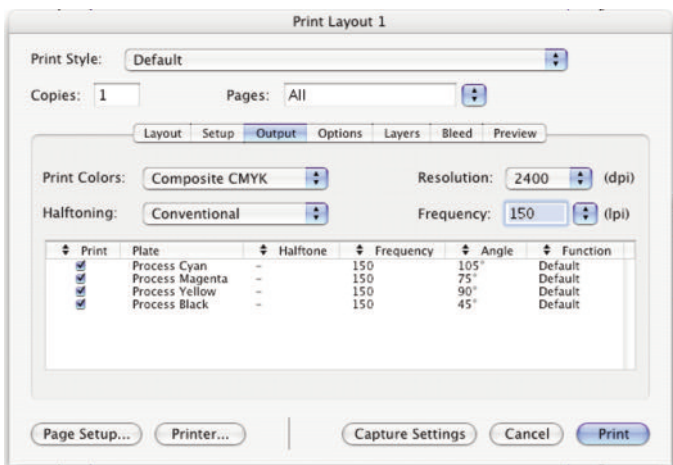
choose Print when ready to create a PostScript file



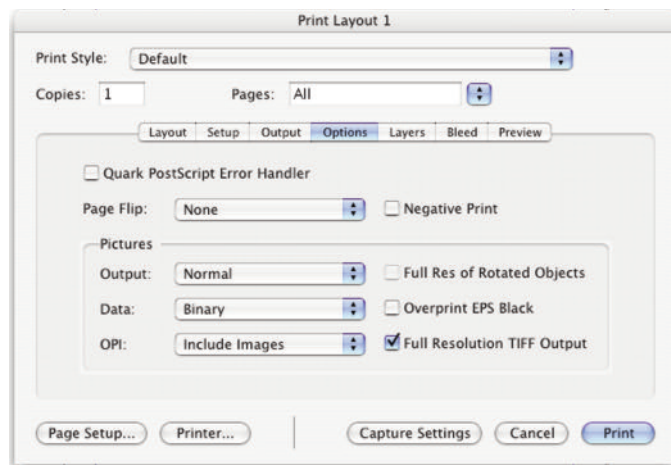
- Layout:**
- All boxes unchecked except Print Blank Pages.
 - Page Sequence: All
 - Registration: Off
 - Tiling: Off



- Setup:**
- Printer Description: Adobe PDF.
 - Paper Size: Custom.
 - Page Width & Height: Add 1\"/>
 - Page Positioning: Center.
 - Orientation: Choose icon on the left.

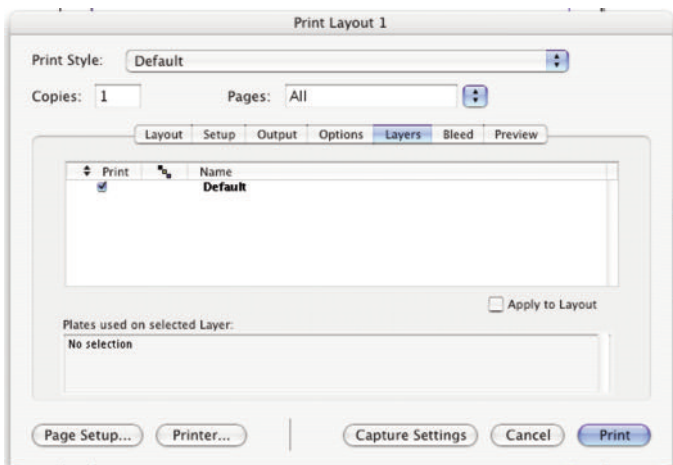


- Output:**
- Print Colors: Composite CMYK
 - Halftoning: Conventional.
 - Resolution: 2400 (dpi).
 - Frequency: 150 (lpi).

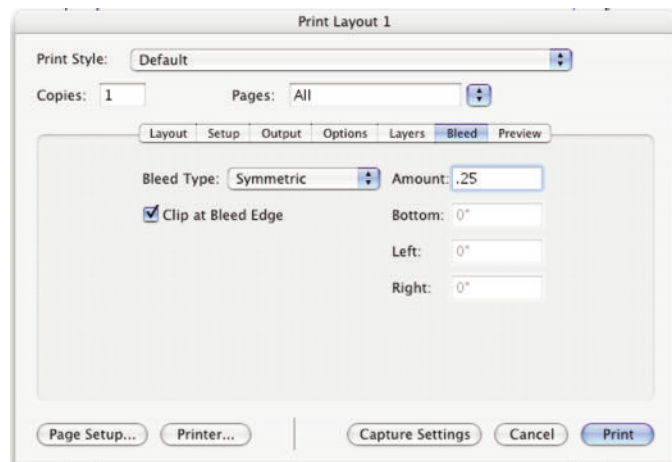


- Options:**
- Quark PostScript Error Handler: unchecked.
 - Page Flip: None.
 - Negative Print: unchecked.
 - Output: Normal.
 - Data: Binary.
 - OPI: Include Images
 - Overprint EPS Black: unchecked.
 - Full Resolution TIFF Output: checked.

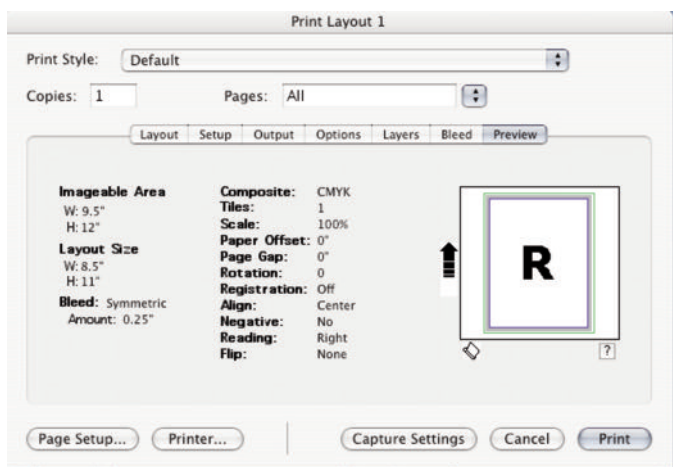
Creating PDFs. Quark 6 Continued



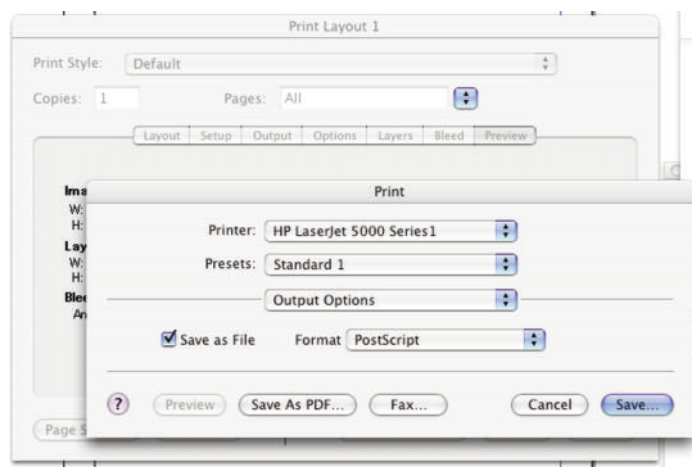
- Layers:**
- Default
 - Apply to Layout: unchecked
 - Plates used on selected Layer: No selection



- Bleed:**
- Bleed Type: Symmetric.
 - Amount: .25".
 - Clip at Bleed Edge
(doesn't matter if it is checked or not)



- Preview:**
- Check how the page fits (on the right).
 - Confirm Layout Size, it should match the trim size.
 - Confirm Imageable Area, it should be 1" larger than Layout Size.
 - Select: "Printer" (button on lower left)



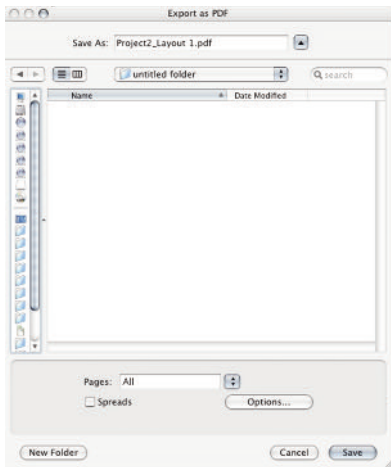
- Print:**
- Printer: Choose your PostScript printer.
 - Presets: Standard 1.
 - Select "Output Options".
 - **Check "Save as File" Format "PostScript".**
 - Select "Save".
 - Choose the location where you want to save your file.
 - Name the file your document name with .ps behind the name you choose.
 - Click "Save"

The next step is to distill the PostScript file you just created using Adobe Acrobat Distiller. See pages 19-24 for Acrobat Distiller 7-9 settings.



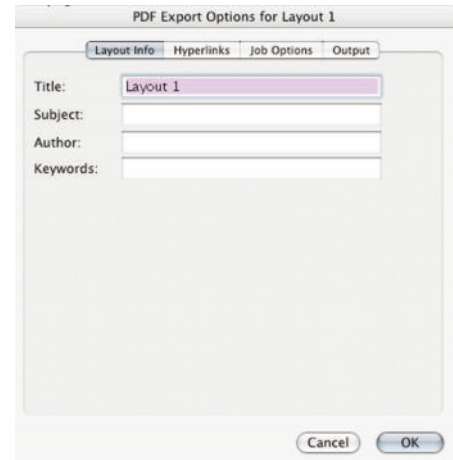
Creating PDFs. Quark 6.5

choose File > Export > Layout as PDF



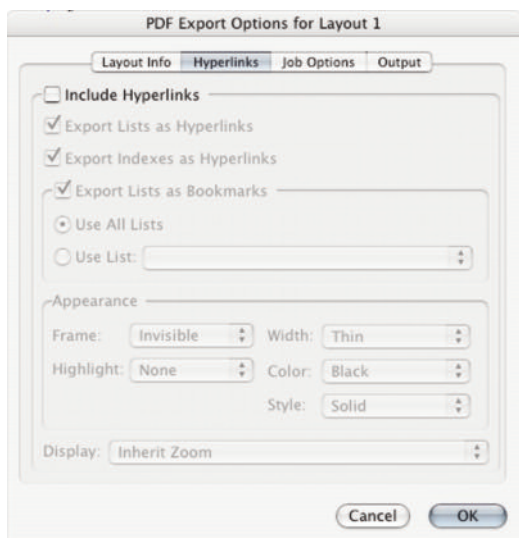
Export as PDF:

- Specify which pages you would like saved in the PDF or keep it on "All"
- Click "Options"



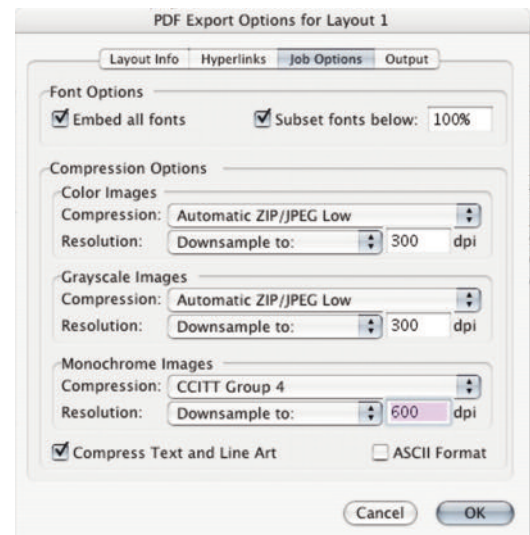
Layout

- This is just the name of your file



Hyperlinks:

- Uncheck "Include Hyperlinks"

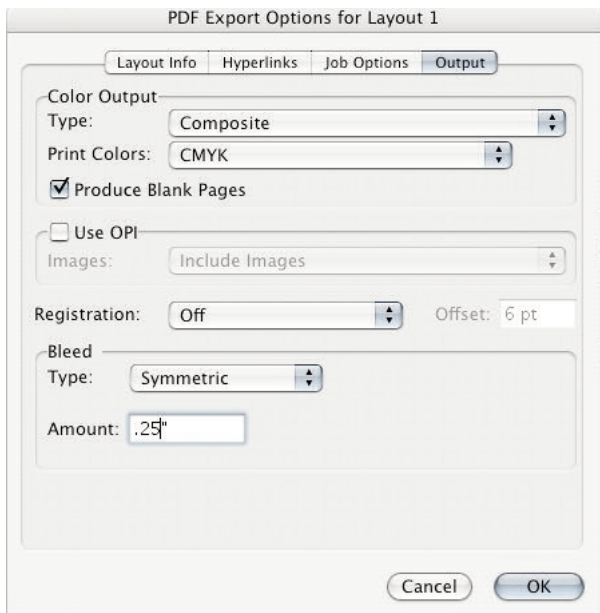


Job Options:

- Font Options: Check "Embed all fonts"
- Check "Subset fonts below:" 100%
- *Color Images*: Compression: Automatic ZIP/**JPEG Low**
- Downsample to: 300 dpi
- *Grayscale Images*: Compression: Automatic ZIP/**JPEG Low**
- Downsample to: 300 dpi
- Monochrome Images: CCITT Group 4
- Resolution: Downsample to: 600 dpi
- Check: Compress Text and Line Art



Creating PDFs. Quark 6.5 Continued



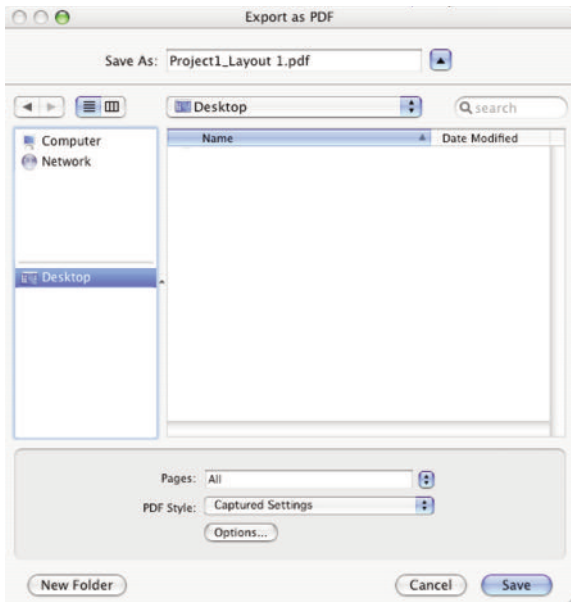
- Output:** Color Output
- Type: Composite
 - Print Colors: "CMYK "or if you have a spot color then choose "Device N"
 - Uncheck "Use OPI"
- Registration: Off
- Bleed Type: Symmetric
 - Amount: .25"

Click "ok" which brings you back to the Layout as PDF window- then click "save" and choose where to save your file.

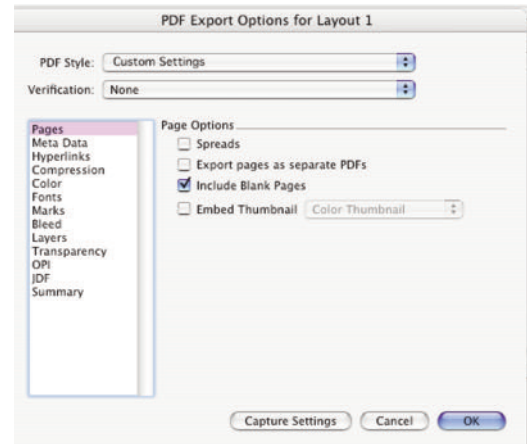


Creating PDFs. Quark 7.

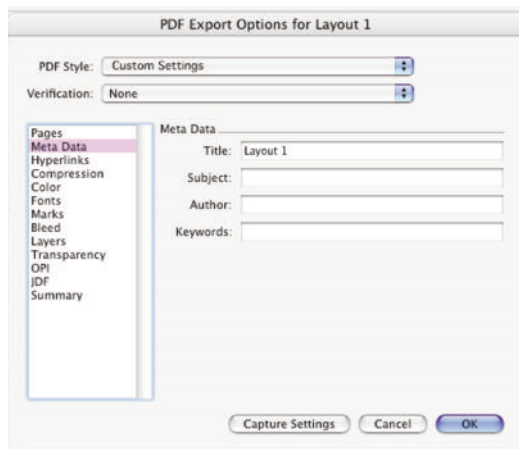
choose File > Export > Layout as PDF



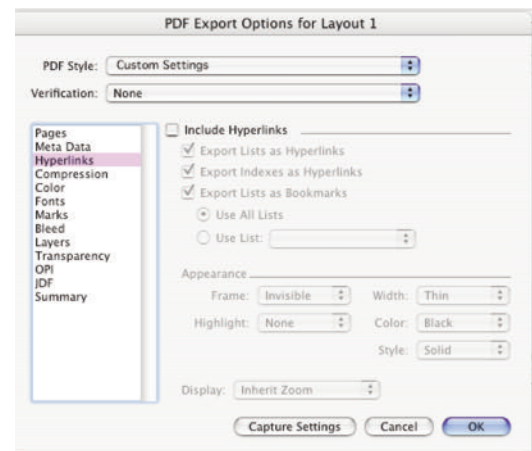
- Export as PDF:**
- Pages: All
 - Click the "Options" button



- Pages:**
- Spreads: unchecked
 - Export pages as separate PDF's: click this on if you want each page as a separate PDF, otherwise leave unchecked
 - Include Blank Pages: check this box
 - Embed Thumbnail: unchecked

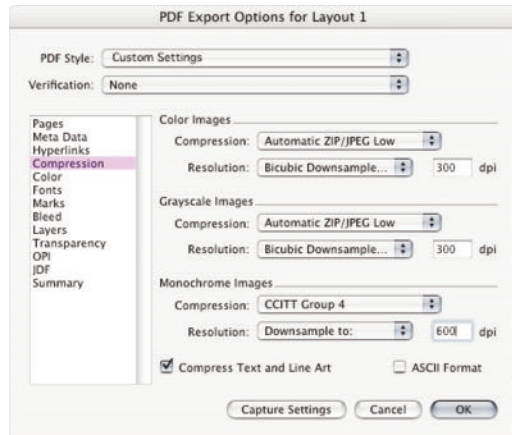


- Meta Data:**
- Title: use the name of your file
 - Subject: can be blank
 - Author: your name
 - Keywords: leave this blank



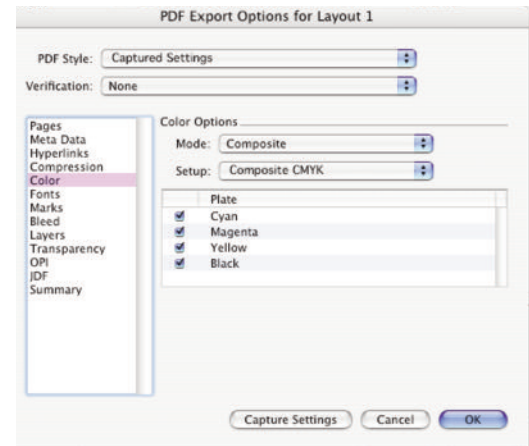
- Hyperlinks:**
- Include Hyperlinks: unchecked

Creating PDFs. Quark 7 Continued



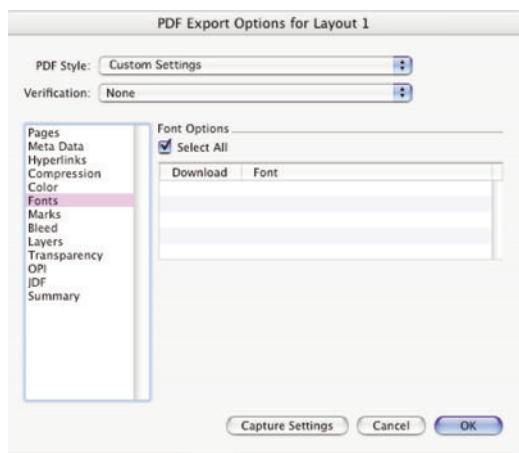
Compression:

- *Color Images*: Compression: Automatic ZIP/**JPEG Low**
- Resolution: Bicubic Downsample to: 300 dpi
- *Grayscale Images*: Compression: Automatic ZIP/**JPEG Low**
- Resolution: Bicubic Downsample to: 300 dpi
- Monochrome Images: CCITT Group 4
- Resolution: Downsample to: 600 dpi
- Check: Compress Text and Line Art



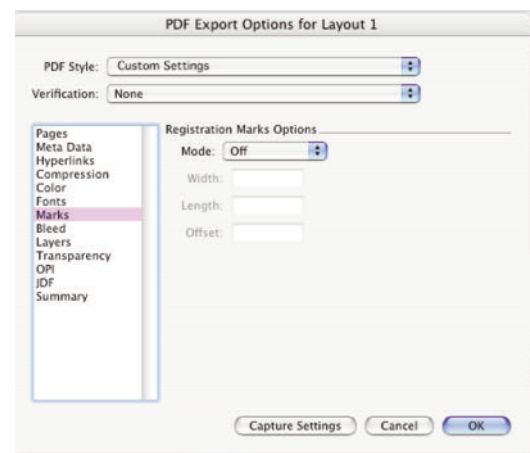
Color:

- Mode: Composite
- Setup: Composite CMYK **or** Composite CMYK and Spot (if spot colors are used in the job)



Fonts:

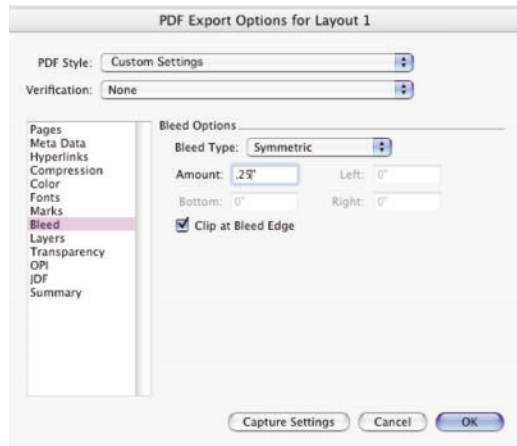
- Font Options: Check "Select All"



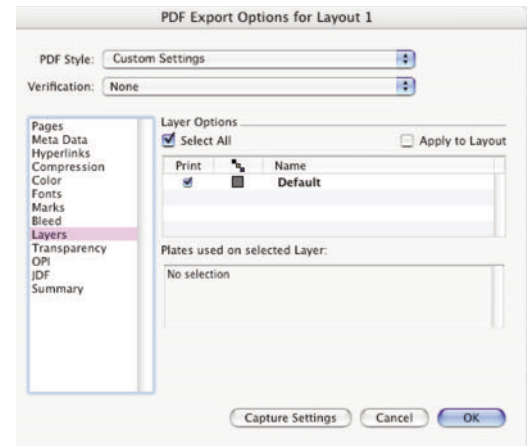
Marks:

- Registration Marks Options
- Mode: Off

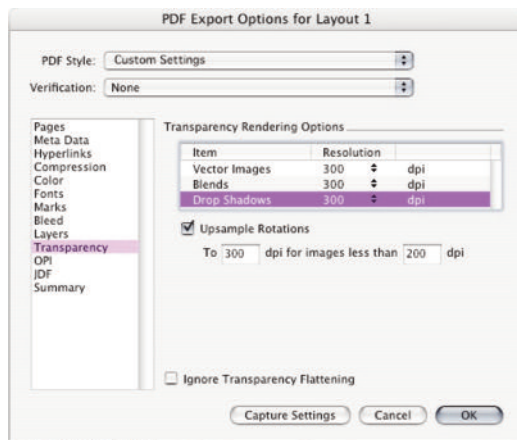
Creating PDFs. Quark 7 Continued



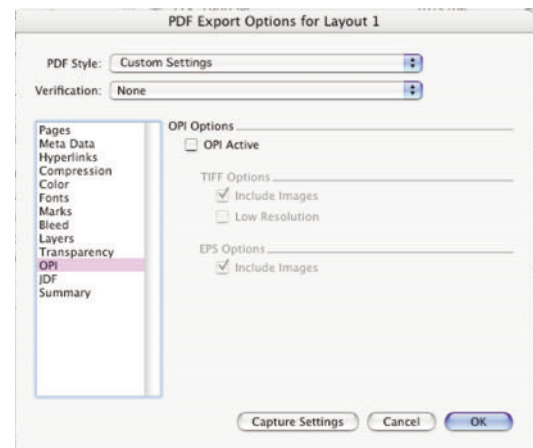
- Bleed:**
- Bleed Options
 - Bleed Type: Symmetric
 - Amount: .25"
 - Clip at Bleed Edge: checked



- Layers:**
- Layer Options
 - Select All: checked



- Transparency:**
- Transparency Rendering Option
 - Vector Images: 300 dpi
 - Blends: 300 dpi
 - Drop Shadows: 300 dpi
 - Check Upsample Rotations to 300 dpi for images less than 200 dpi



- OPI:**
- OPI Active: unchecked

- JDF:**
- Output JDF: unchecked

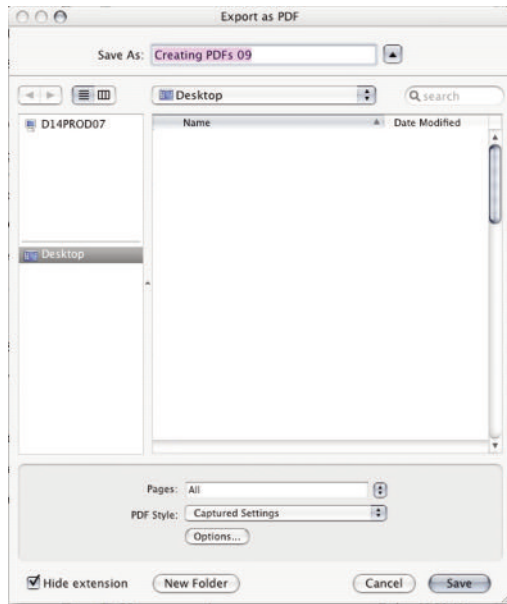
- Summary:**
- Just shows a list of all the settings

Click "OK", then when your back to the Export window, Click "Save"

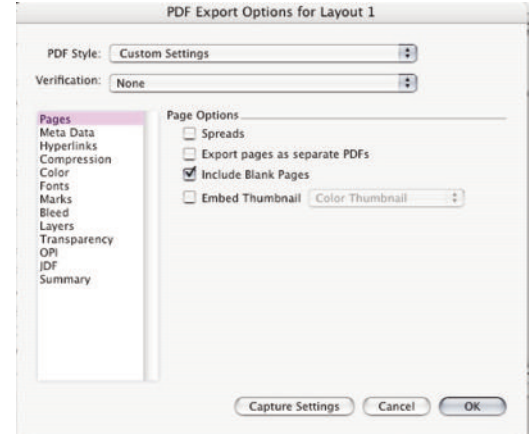


Creating PDFs. Quark 8

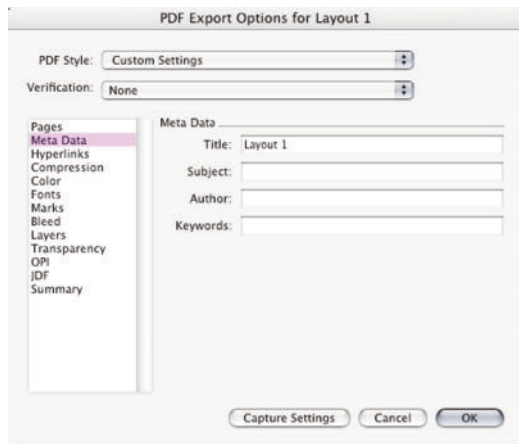
choose File > Export > Layout as PDF



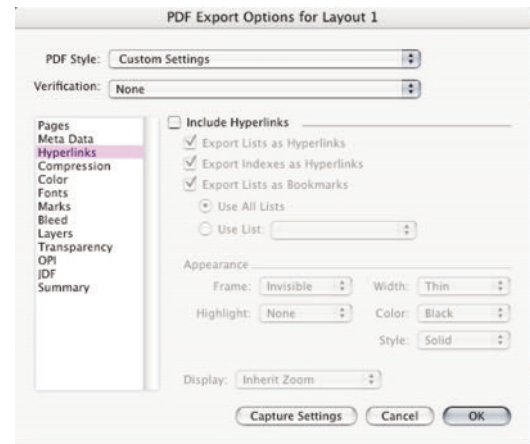
- Export as PDF:**
- Pages: All
 - Click the "Options" button



- Pages:**
- Spreads: unchecked
 - Export pages as separate PDF's: click this on if you want each page as a separate PDF, otherwise leave unchecked
 - Include Blank Pages: check this box
 - Embed Thumbnail: unchecked

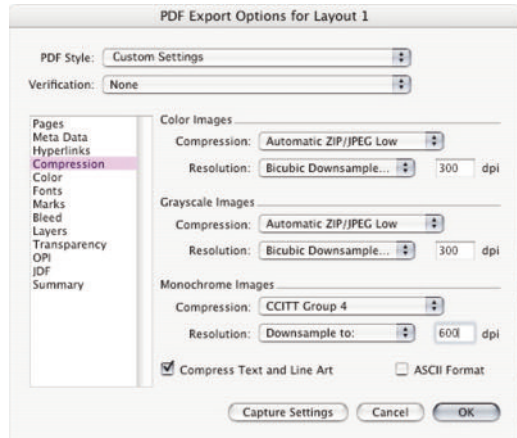


- Meta Data:**
- Title: use the name of your file
 - Subject: can be blank
 - Author: your name
 - Keywords: leave this blank



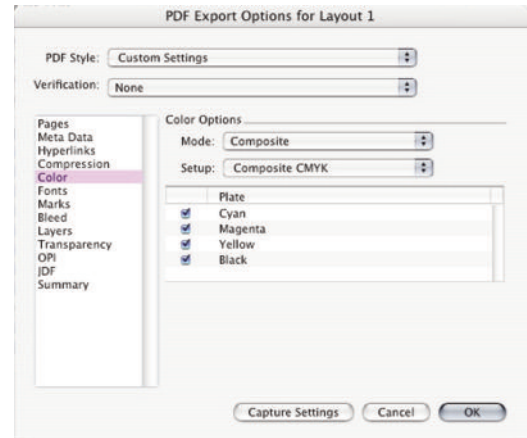
- Hyperlinks:**
- Include Hyperlinks: unchecked

Creating PDFs. Quark 8 Continued



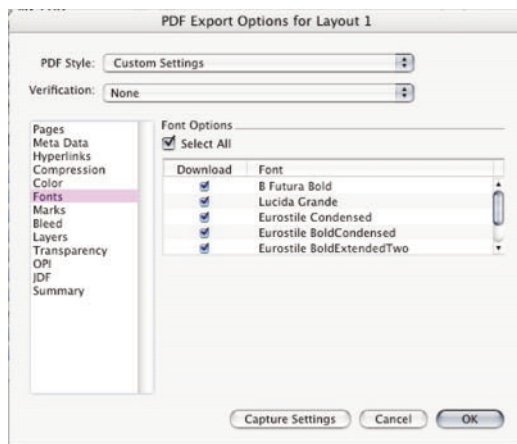
Compression:

- *Color Images*: Compression: Automatic ZIP/**JPEG Low**
- Resolution: Bicubic Downsample to: 300 dpi
- *Grayscale Images*: Compression: Automatic ZIP/**JPEG Low**
- Resolution: Bicubic Downsample to: 300 dpi
- *Monochrome Images*: CCITT Group 4
- Resolution: Downsample to: 600 dpi
- Check: Compress Text and Line Art



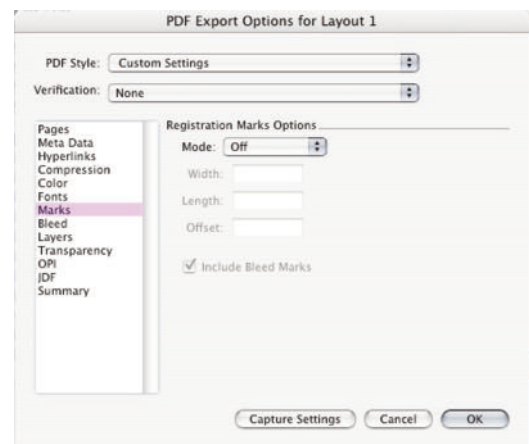
Color:

- Mode: Composite
- Setup: Composite CMYK **or** Composite CMYK and Spot (if spot colors are used in the job)



Fonts:

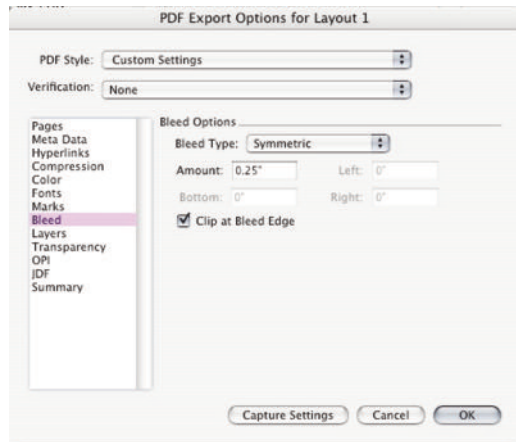
- Font Options: Check "Select All"



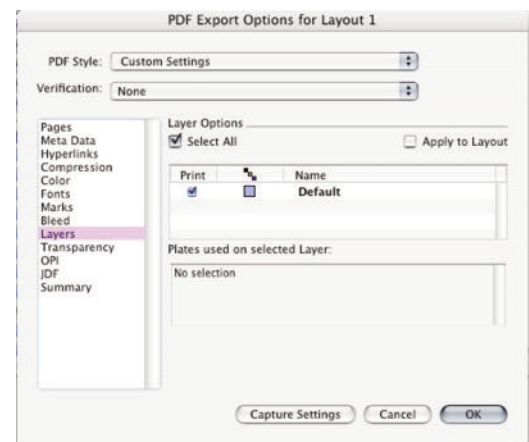
Marks:

- Registration Marks Options
- Mode: Off

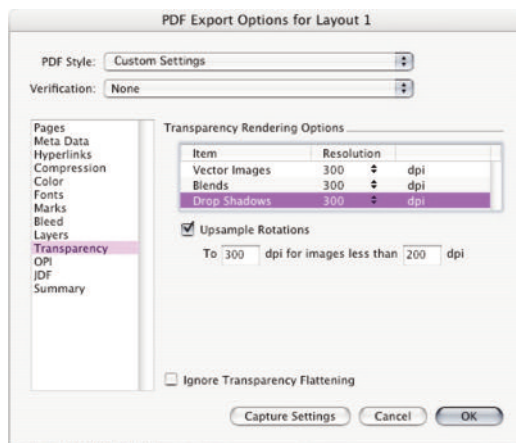
Creating PDFs. Quark 8 Continued



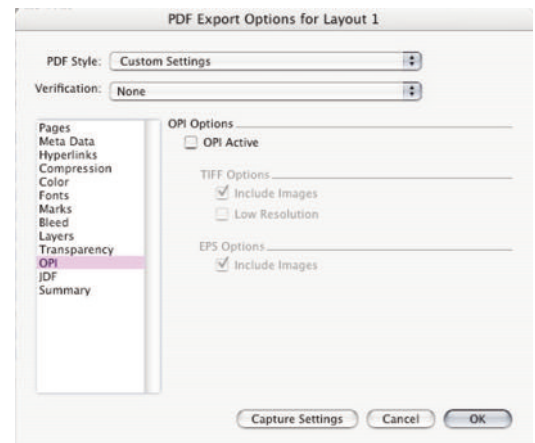
- Bleed:**
- Bleed Options
 - Bleed Type: Symmetric
 - Amount: .25"
 - Clip at Bleed Edge: checked



- Layers:**
- Layer Options
 - Select All: checked



- Transparency:**
- Transparency Rendering Option
Vector Images: 300 dpi
Blends: 300 dpi
Drop Shadows: 300 dpi
 - Check Upsample Rotations
to 300 dpi for images less than 200 dpi
 - Ignore Transparency Flatten: unchecked



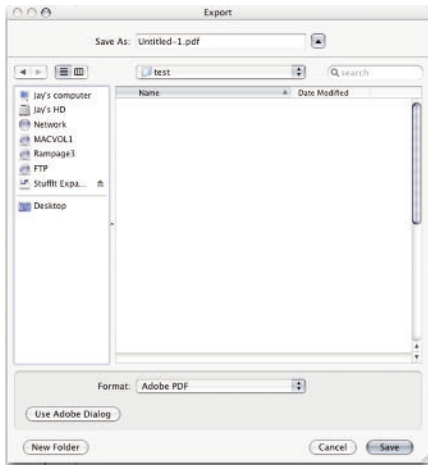
- OPI:**
- OPI Active: unchecked

- JDF:**
- Output JDF: unchecked

- Summary:**
- Just shows a list of all the settings

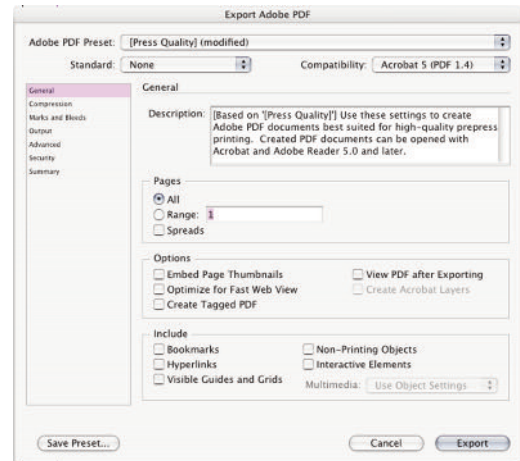
Click "OK", then when your back to the Export window, Click "Save"

Creating PDFs. InDesign CS2



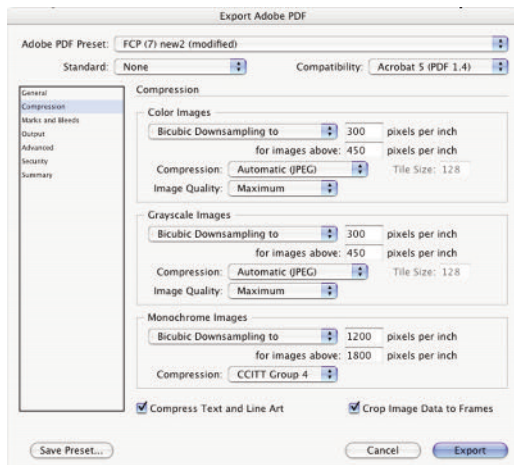
Export:

- Format: Adobe PDF
- Choose the location where you want to save your file.
- Name the file your document name with .pdf behind the name you choose.
- Click "Save"



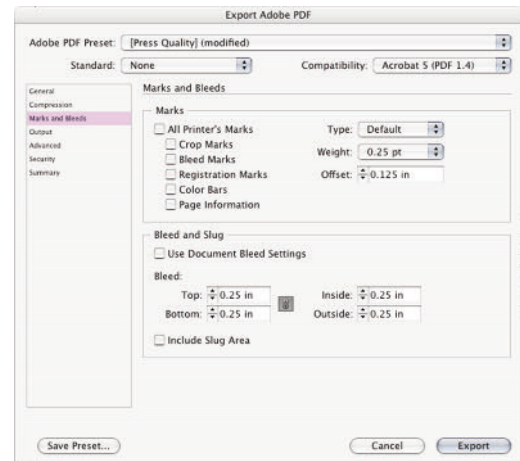
Export PDF General:

- Pages: All.
- Compatibility: Acrobat 5 (PDF 1.4).
- All boxes are unchecked.



Compression:

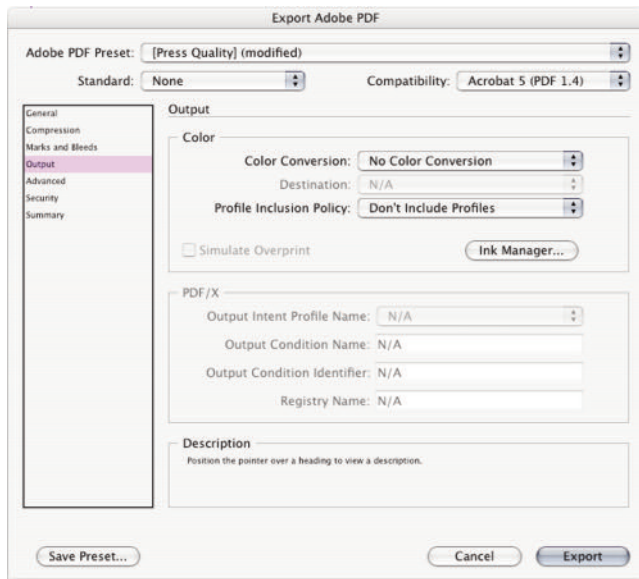
- Color Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Grayscale Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Monochrome Images: Bicubic Downsampling to 1200 for images above 1800 pixels per inch
- Compression: CCITT Group 4
- Check: Compress Text and Line Art
- Check: Crop Image Data to Frames



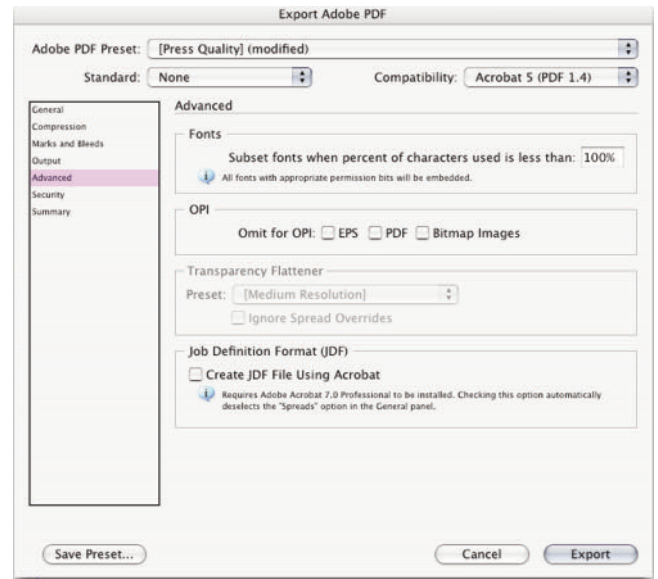
Marks and Bleeds:

- Marks: Leave all unchecked, but make sure your document is set up to the trim size with .25" bleeds.
- Bleed: .25 in on Top, Inside, Bottom, and Outside

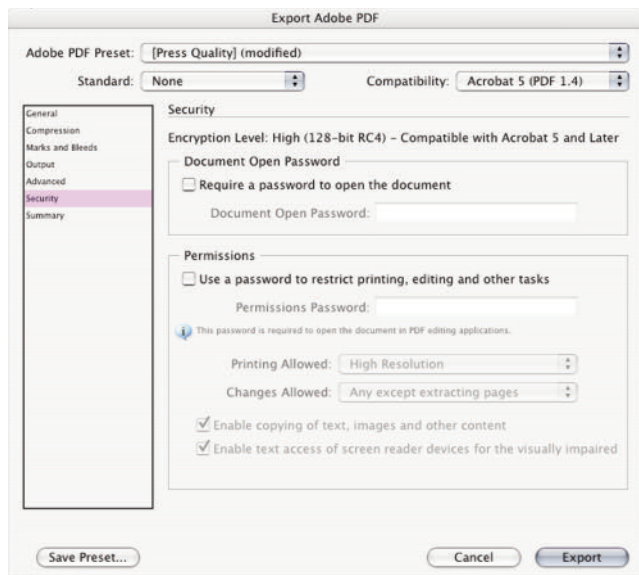
Creating PDFs. InDesign CS2 continued



- Output:**
- Color Conversion: No Color Conversion
 - Profile Inclusion Policy: Don't Include Profiles



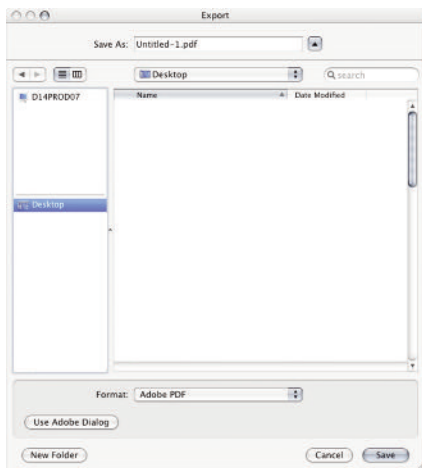
- Advanced:**
- Fonts: Subset fonts when percent of characters used is less than 100%
 - OPI: All boxes should be unchecked
 - Transparency Flattener is grayed out
 - JDF: Don't check this box



- Security:**
- Don't check any of the boxes

**Click Export to
create your PDF file.**

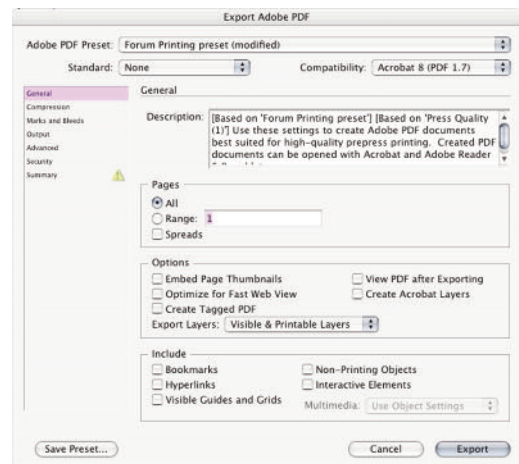
Creating PDFs. InDesign CS3



Export:

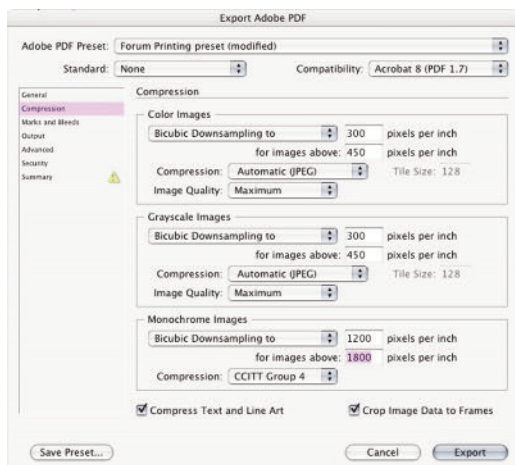
Under File chose Export

- Format: Adobe PDF
- Choose the location where you want to save your file.
- Name the file your document name with .pdf behind the name you choose.
- Click "Save"



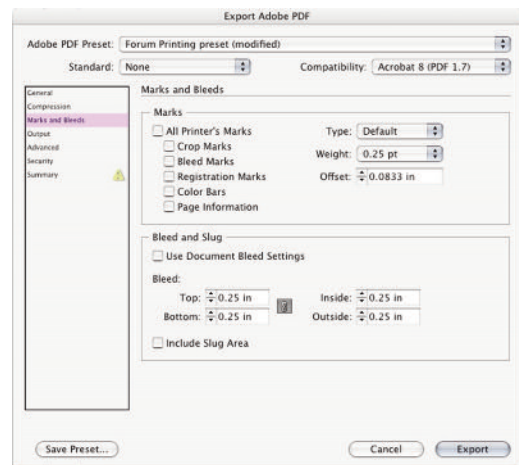
Export PDF General:

- Pages: All.
- Compatibility: Acrobat 8 (PDF 1.7).
- All boxes are unchecked.



Compression:

- Color Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Grayscale Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Monochrome Images: Bicubic Downsampling to 1200 for images above 1800 pixels per inch
- Compression: CCITT Group 4
- Check: Compress Text and Line Art
- Check: Crop Image Data to Frames

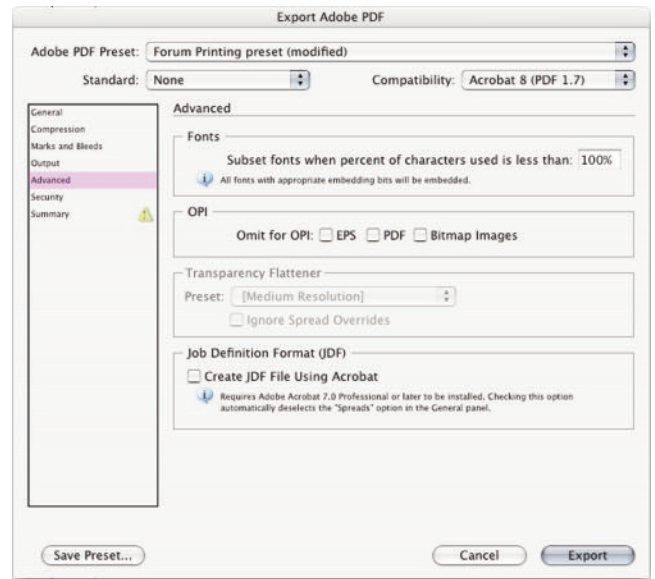
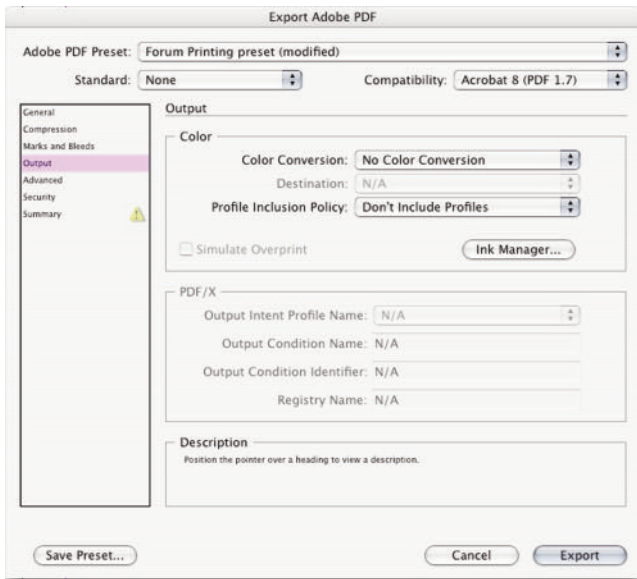


Marks and Bleeds:

- Marks: Leave all unchecked, but make sure your document is set up to the trim size with .25" bleeds.
- Bleed: .25 in on Top, Inside, Bottom, and Outside

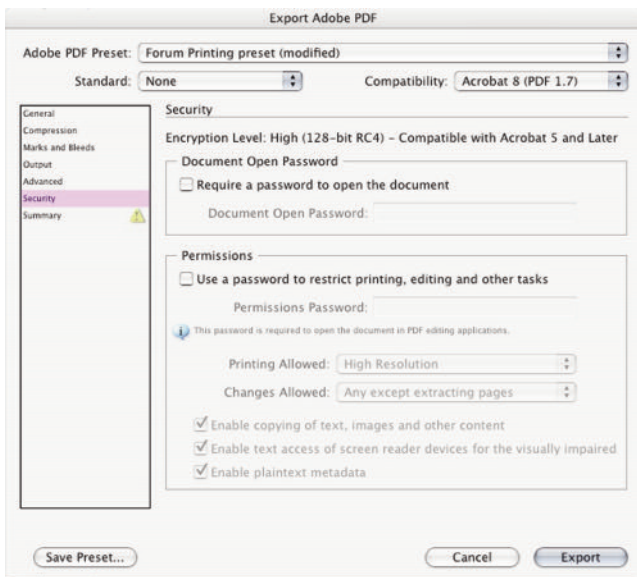


Creating PDFs. InDesign CS3 continued



- Output:**
- Color Conversion: No Color Conversion
 - Profile Inclusion Policy: Don't Include Profiles

- Advanced:**
- Fonts: Subset fonts when percent of characters used is less than 100%
 - OPI: All boxes should be unchecked
 - Transparency Flattener is grayed out
 - JDF: Don't check this box

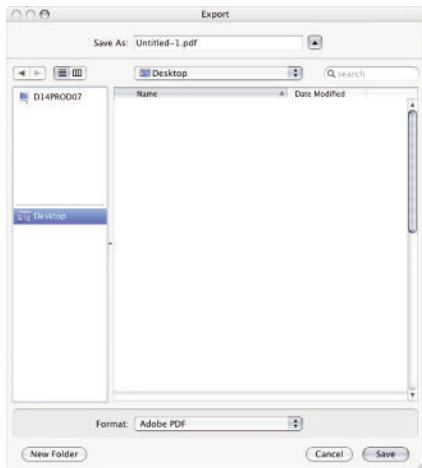


- Security:**
- Don't check any of the boxes

**Click Export to
create your PDF file.**



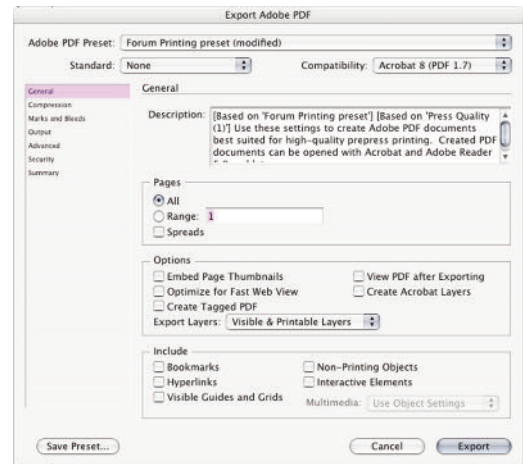
Creating PDFs. InDesign CS4



Export:

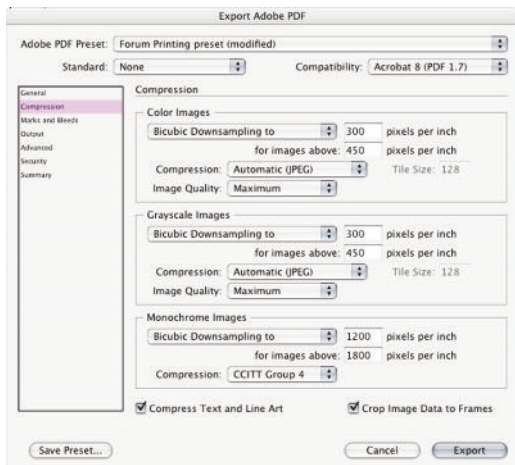
Under File chose Export

- Format: Adobe PDF
- Choose the location where you want to save your file.
- Name the file your document name with .pdf behind the name you choose.
- Click "Save"



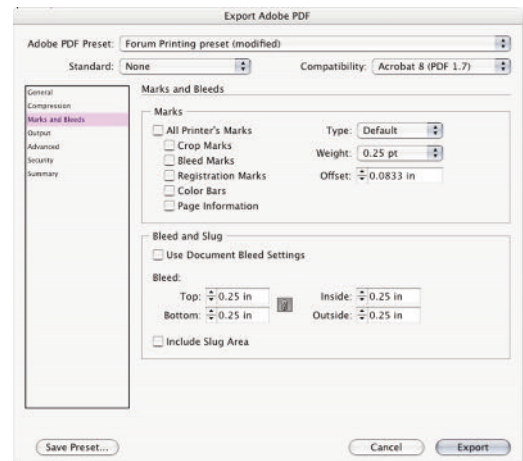
Export PDF General:

- Pages: All.
- Compatibility: Acrobat 8 (PDF 1.7).
- All boxes are unchecked.



Compression:

- Color Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Grayscale Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Monochrome Images: Bicubic Downsampling to 1200 for images above 1800 pixels per inch
- Compression: CCITT Group 4
- Check: Compress Text and Line Art
- Check: Crop Image Data to Frames

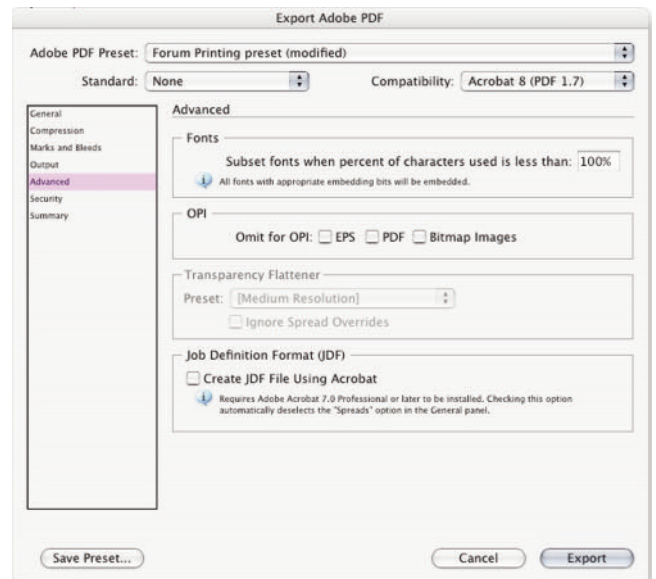
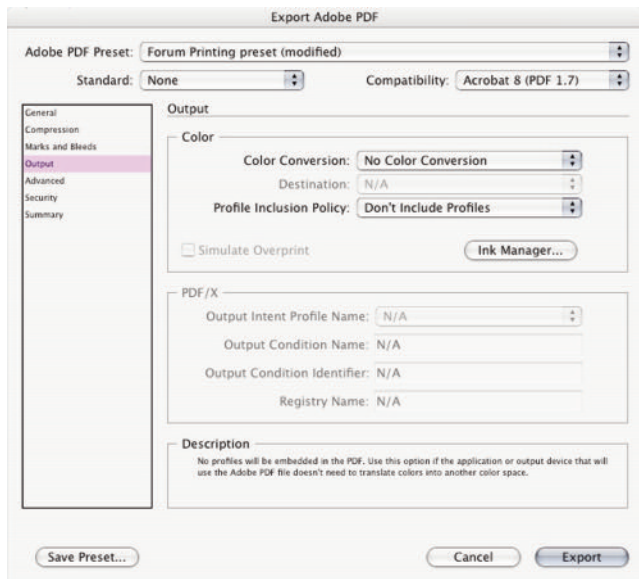


Marks and Bleeds:

- Marks: Leave all unchecked, but make sure your document is set up to the trim size with .25" bleeds.
- Bleed: .25 in on Top, Inside, Bottom, and Outside

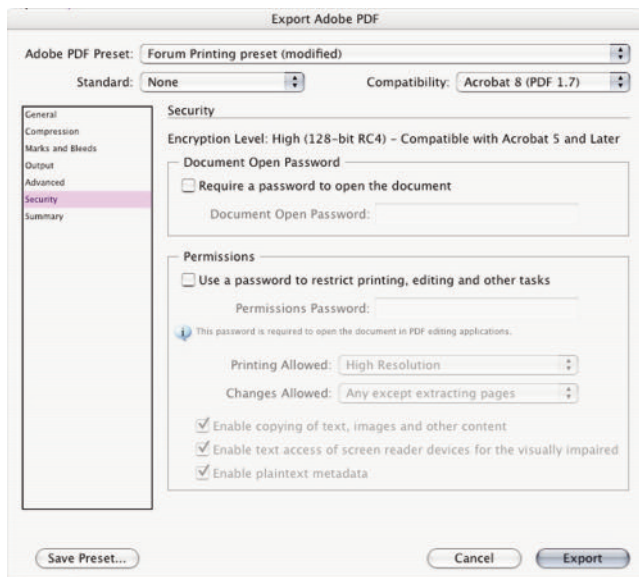


Creating PDFs. InDesign CS4 continued



- Output:**
- Color Conversion: No Color Conversion
 - Profile Inclusion Policy: Don't Include Profiles

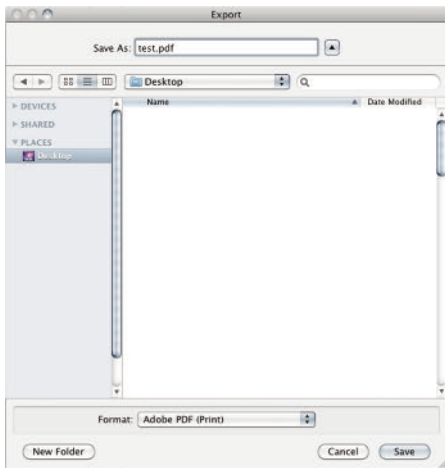
- Advanced:**
- Fonts: Subset fonts when percent of characters used is less than 100%
 - OPI: All boxes should be unchecked
 - Transparency Flattener is grayed out
 - JDF: Don't check this box



- Security:**
- Don't check any of the boxes

**Click Export to
create your PDF file.**

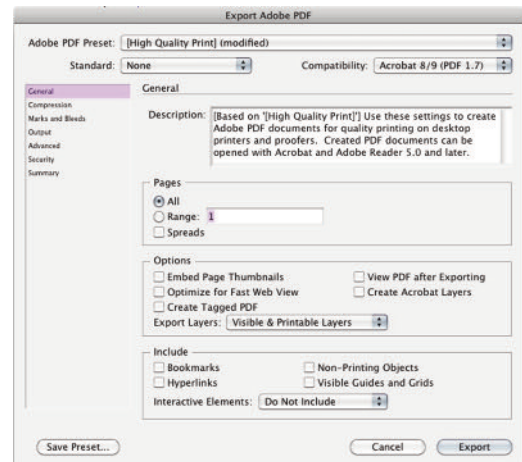
Creating PDFs. InDesign CS5



Export:

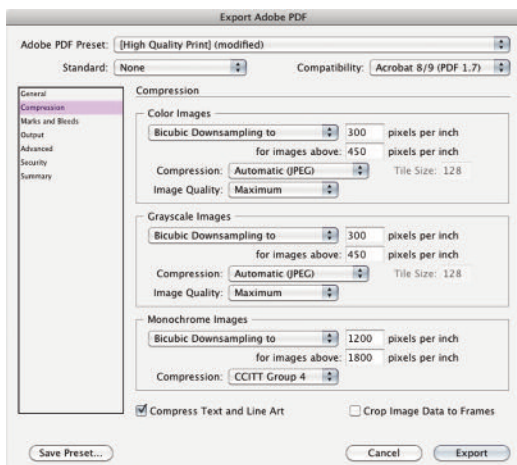
Under File chose Export

- Format: Adobe PDF
- Choose the location where you want to save your file.
- Name the file your document name with .pdf behind the name you choose.
- Click "Save"



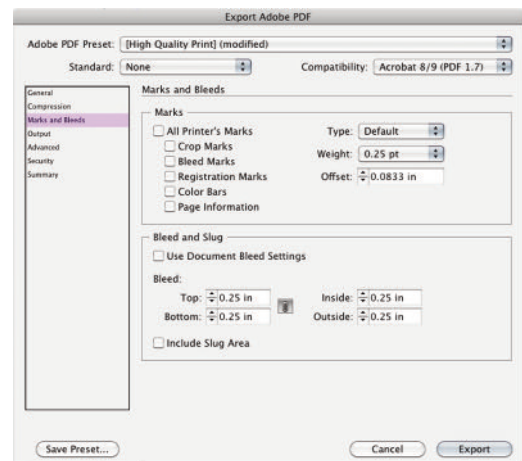
Export PDF General:

- Pages: All.
- Compatibility: Acrobat 8/9 (PDF 1.7).
- All boxes are unchecked.



Compression:

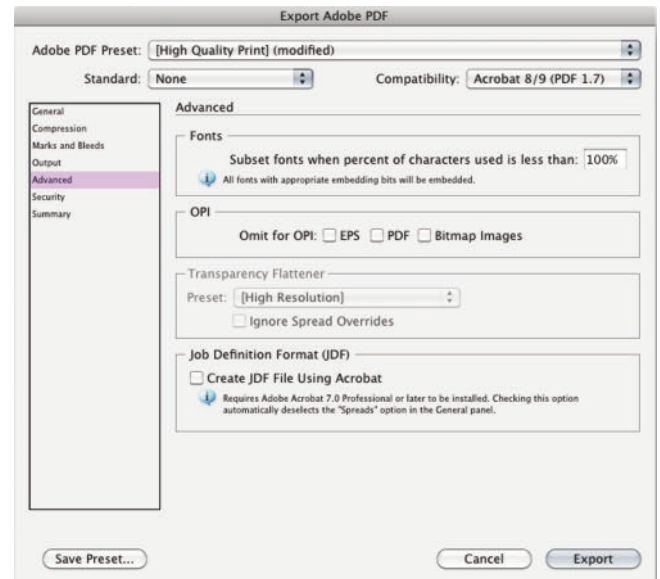
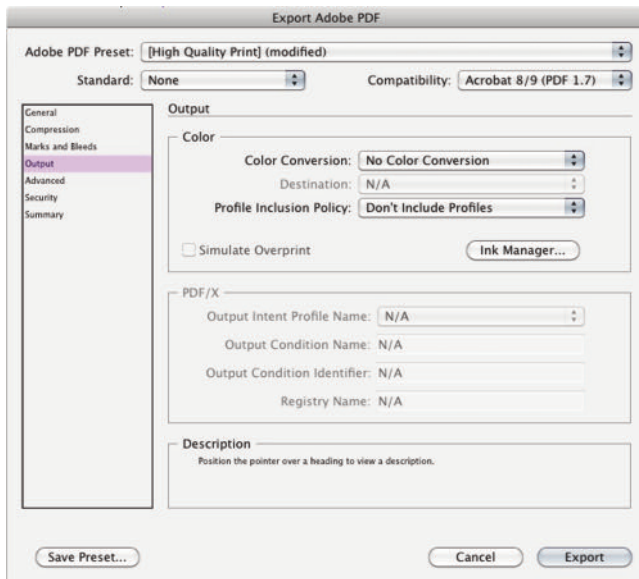
- Color Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Grayscale Images: Bicubic Downsampling to 300 for images above 450 pixels per inch
- Compression: Automatic (JPEG)
- Image Quality: Maximum
- Monochrome Images: Bicubic Downsampling to 1200 for images above 1800 pixels per inch
- Compression: CCITT Group 4
- Check: Compress Text and Line Art
- Don't Check: Crop Image Data to Frames



Marks and Bleeds:

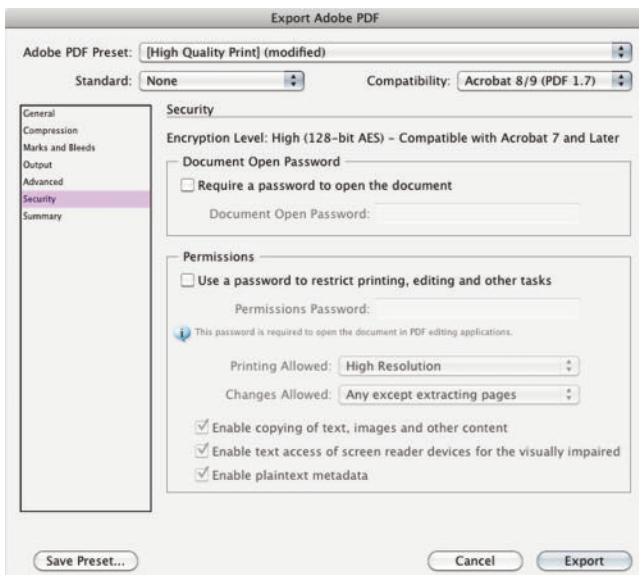
- Marks: Leave all unchecked, but make sure your document is set up to the trim size with .25" bleeds.
- Bleed: .25 in on Top, Inside, Bottom, and Outside

Creating PDFs. InDesign CS5 continued



- Output:**
- Color Conversion: No Color Conversion
 - Profile Inclusion Policy: Don't Include Profiles

- Advanced:**
- Fonts: Subset fonts when percent of characters used is less than 100%
 - OPI: All boxes should be unchecked
 - Transparency Flattener is grayed out
 - JDF: Don't check this box

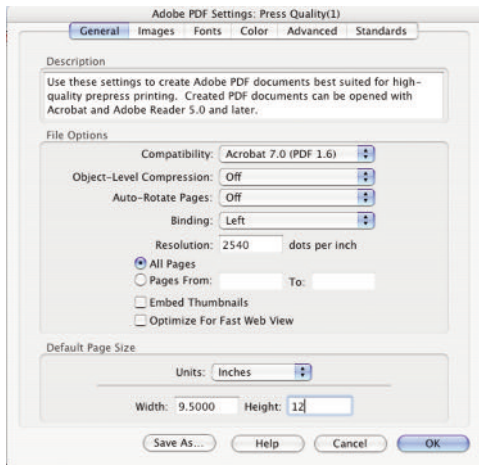


- Security:**
- Don't check any of the boxes

**Click Export to
create your PDF file.**

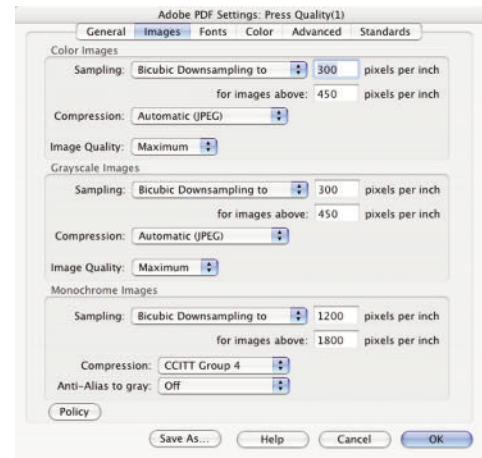
Acrobat Distiller Settings.

Acrobat 7



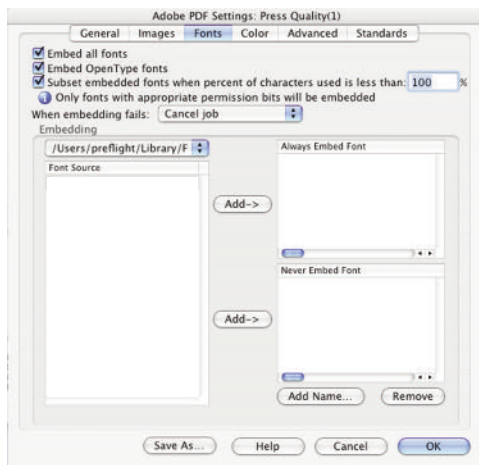
General:

- Compatibility: Acrobat 7.0 (PDF 1.6).
- Object-Level Compression and Auto-Rotate Pages: Off
- Binding: Left.
- Resolution: 2540
- Distill Pages: All
- Don't check: "Embed Thumbnails" and "Optimize For Fast Web View"
- Default Page Size: Should be 1" larger than trim size



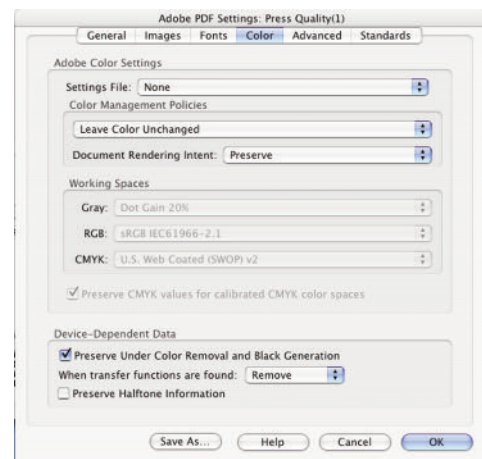
Images:

- Color Images: Sampling: "Bicubic Downsampling to 300 pixels per inch for images above 450 pixels per inch.
- Compression: Automatic (JPEG) Image quality: Maximum
- Grayscale Images: Sampling: "Bicubic Downsampling to 300 pixels per inch for images above 450 pixels per inch.
- Compression: Automatic (JPEG) Image quality: Maximum
- Monochrome Images: Sampling: "Bicubic Downsampling to 1200 pixels per inch for images above 1800 pixels per inch.
- Compression: CCITT Group 4
- Anti-Alias to gray: Off



Fonts:

- Check: Embed All Fonts
- Embed OpenType fonts
- Check: Subset Embedded Fonts When Percent of Characters Used is Less Than: 100%
- When Embedding Fails: **Cancel Job**

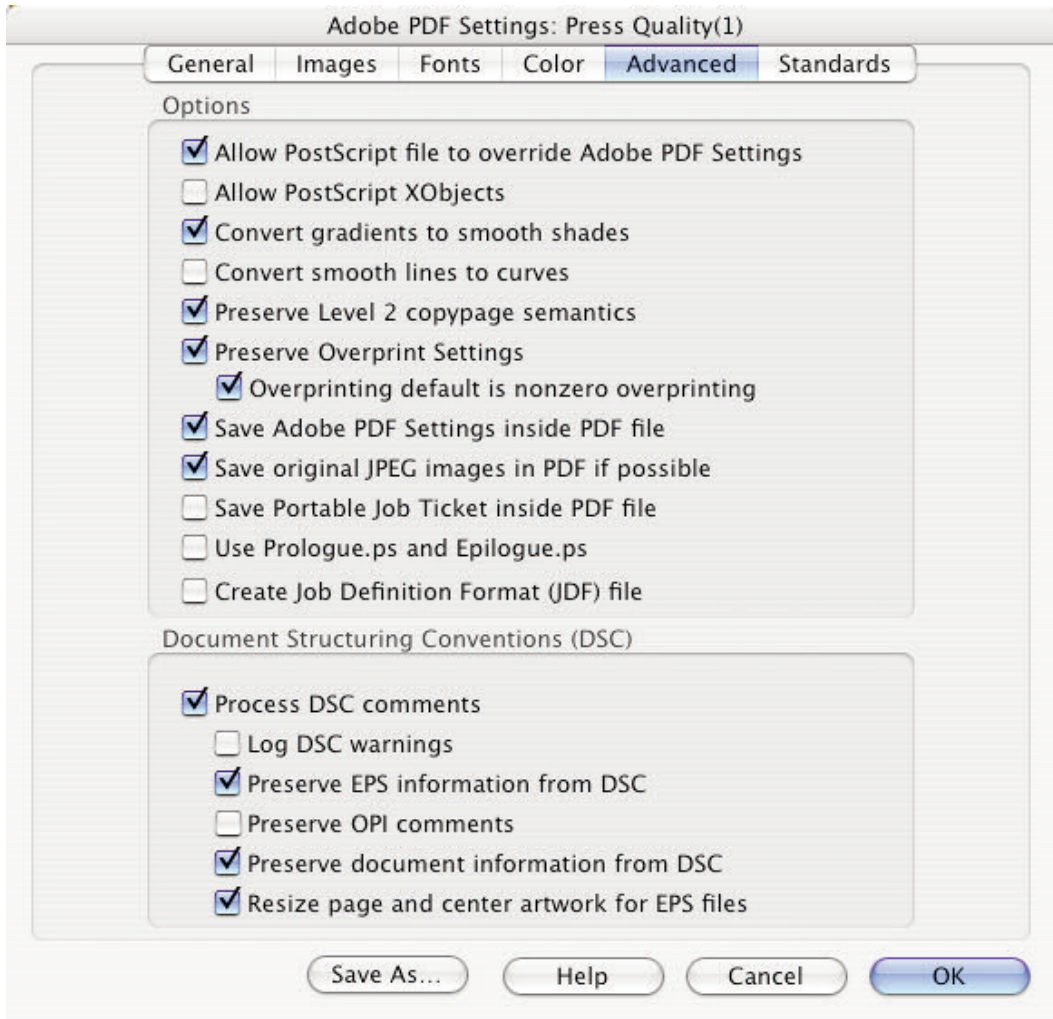


Color:

- Settings File: None.
- Color Management Policies: **Leave Color Unchanged (Your document should only contain CMYK colors and images before distilling the PostScript file.)**
- Rendering Intent: Preserve
- Check: Preserve Under Color Removal and Black Generation
- When Transfer Functions are found: **Remove**
- Don't check: Preserve Halftone Information

Acrobat Distiller Settings.

Acrobat 7 continued



Advanced:

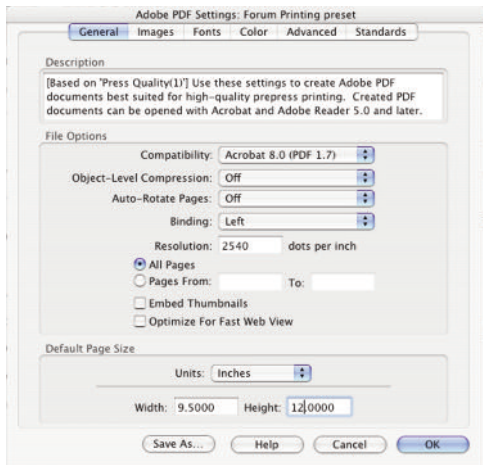
- **Options:** Check all boxes except “Allow PostScript XObjects”, “Convert smooth lines to curves”, “Save Portable Job Ticket inside PDF file”, “Use Prologue.ps and Epilogue.ps” and “Create Job Definition Format (JDF) file”
- **Document Structuring Conventions (DSC):** Check all boxes except “Log DSC Warnings” and **never check “Preserve OPI Comments”**.

Standards: You do not need to change anything in this tab



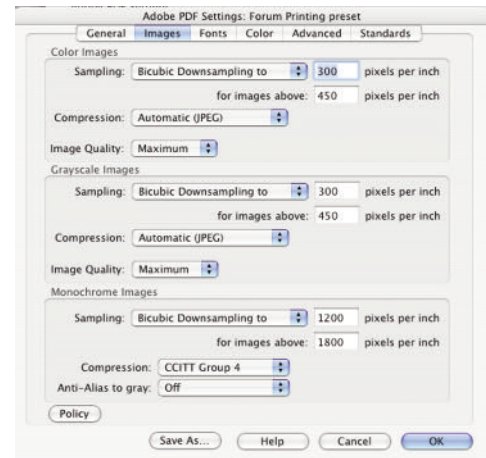
Acrobat Distiller Settings.

Acrobat 8



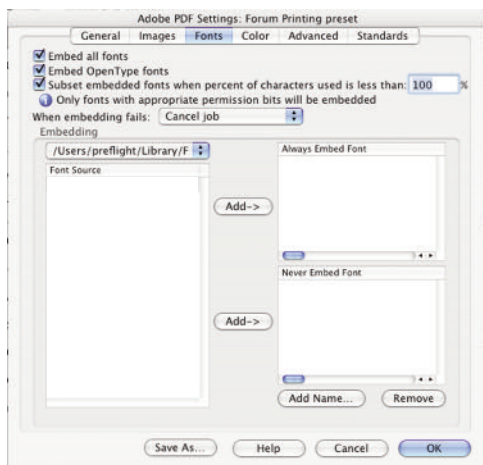
General:

- Compatibility: Acrobat 8.0 (PDF 1.7).
- Object-Level Compression and Auto-Rotate Pages: Off
- Binding: Left.
- Resolution: 2540
- Check: All Pages
- Don't check: "Embed Thumbnails" and "Optimize For Fast Web View"
- Default Page Size: Should be 1" larger than trim size



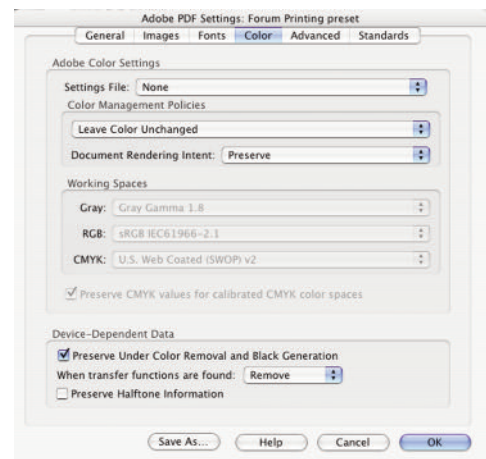
Images:

- Color Images: Sampling: "Bicubic Downsampling to 300 pixels per inch for images above 450 pixels per inch.
- Compression: Automatic (JPEG) Image quality: Maximum
- Grayscale Images: Sampling: "Bicubic Downsampling to 300 pixels per inch for images above 450 pixels per inch.
- Compression: Automatic (JPEG) Image quality: Maximum
- Monochrome Images: Sampling: "Bicubic Downsampling to 1200 pixels per inch for images above 1800 pixels per inch.
- Compression: CCITT Group 4
- Anti-Alias to gray: Off



Fonts:

- Check: Embed All Fonts
- Check: Embed OpenType fonts
- Check: Subset Embedded Fonts When Percent of Characters Used is Less Than: 100%
- When Embedding Fails: **Cancel Job**



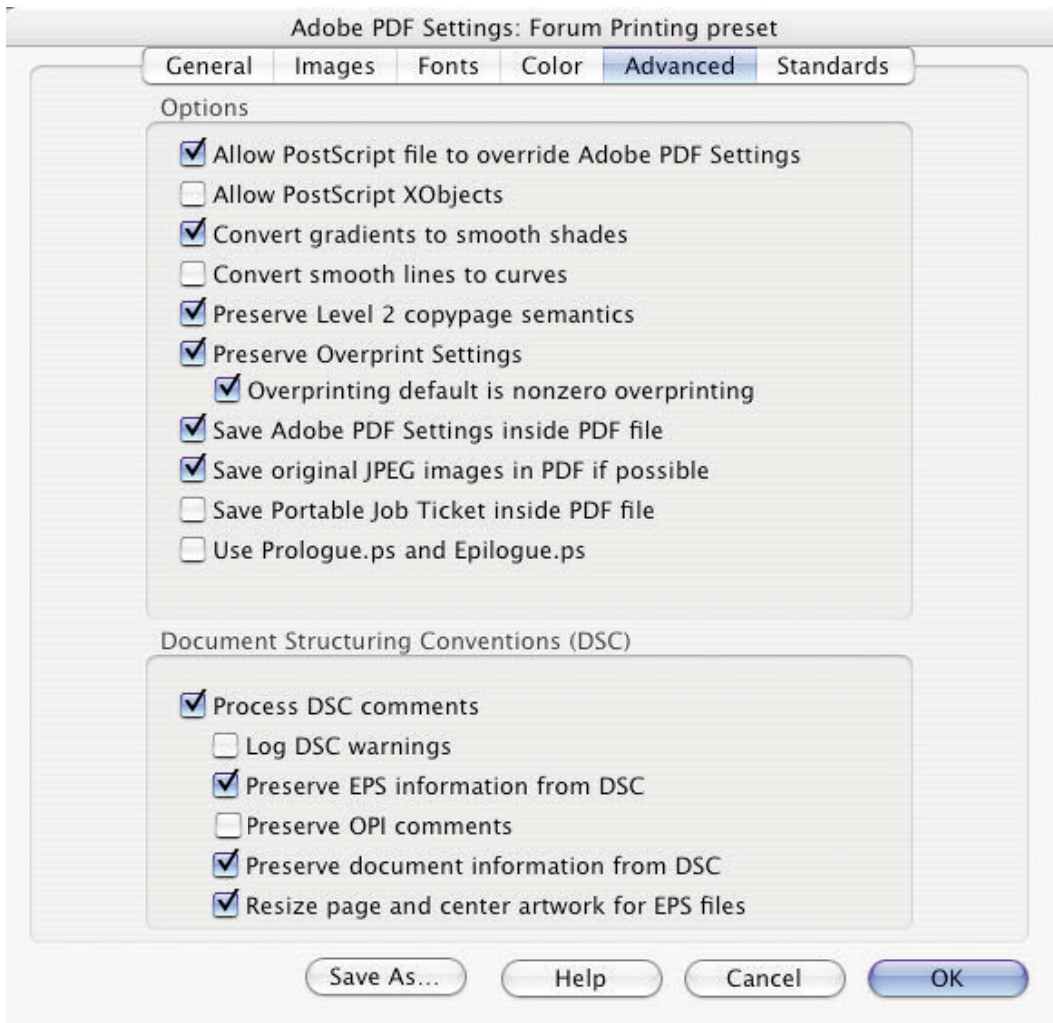
Color:

- Settings File: None.
- Color Management Policies: **Leave Color Unchanged (Your document should only contain CMYK colors and images before distilling the PostScript file.)**
- Rendering Intent: Preserve
- Check: Preserve Under Color Removal and Black Generation
- When Transfer Functions are found: **Remove**
- Don't check: Preserve Halftone Information



Acrobat Distiller Settings.

Acrobat 8 continued



Advanced:

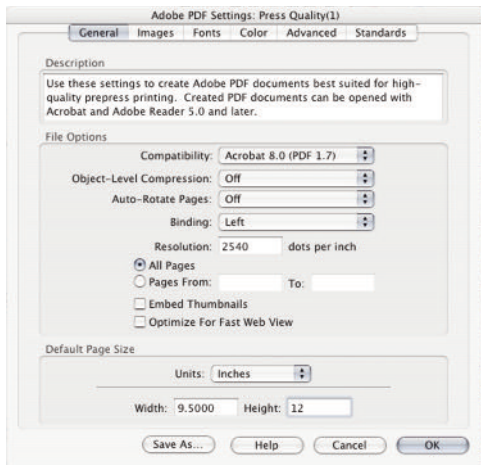
- **Options:** Check all boxes except "Allow PostScript XObjects", "Convert smooth lines to curves", "Save Portable Job Ticket inside PDF file", "Use Prologue.ps and Epilogue.ps"
- **Document Structuring Conventions (DSC):** Check all boxes except "Log DSC Warnings" and **never check "Preserve OPI Comments"**.

Standards: You do not need to change anything in this tab



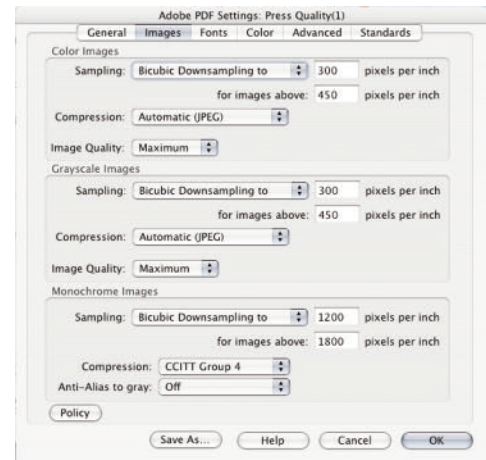
Acrobat Distiller Settings.

Acrobat 9



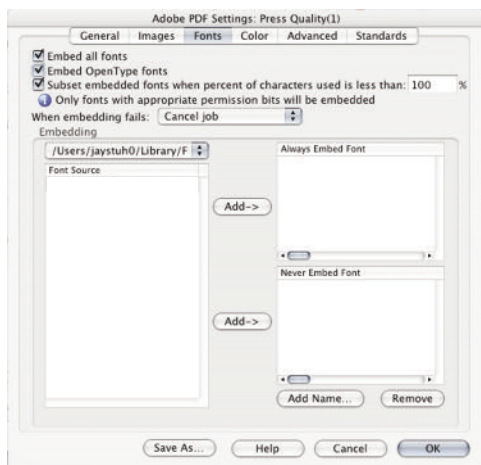
General:

- Compatibility: Acrobat 8.0 (PDF 1.7).
- Object-Level Compression and Auto-Rotate Pages: Off
- Binding: Left.
- Resolution: 2540
- Distill Pages: All
- Don't check: "Embed Thumbnails" and "Optimize For Fast Web View"
- Default Page Size: Should be 1" larger than trim size



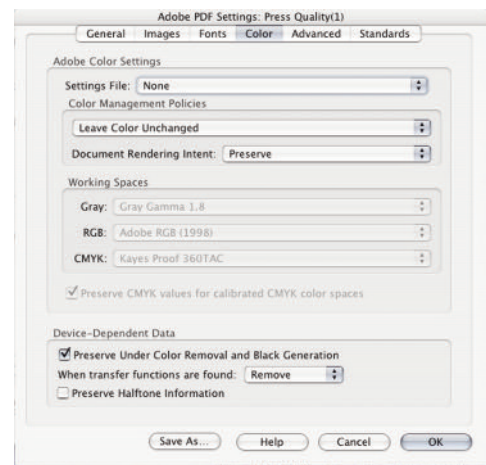
Images:

- Color Images: Sampling: "Bicubic Downsampling to 300 pixels per inch for images above 450 pixels per inch.
- Compression: Automatic (JPEG) Image quality: Maximum
- Grayscale Images: Sampling: "Bicubic Downsampling to 300 pixels per inch for images above 450 pixels per inch.
- Compression: Automatic (JPEG) Image quality: Maximum
- Monochrome Images: Sampling: "Bicubic Downsampling to 1200 pixels per inch for images above 1800 pixels per inch.
- Compression: CCITT Group 4
- Anti-Alias to gray: Off



Fonts:

- Check: Embed All Fonts
- Check: Embed OpenType fonts
- Check: Subset Embedded Fonts When Percent of Characters Used is Less Than: 100%
- When Embedding Fails: **Cancel Job**

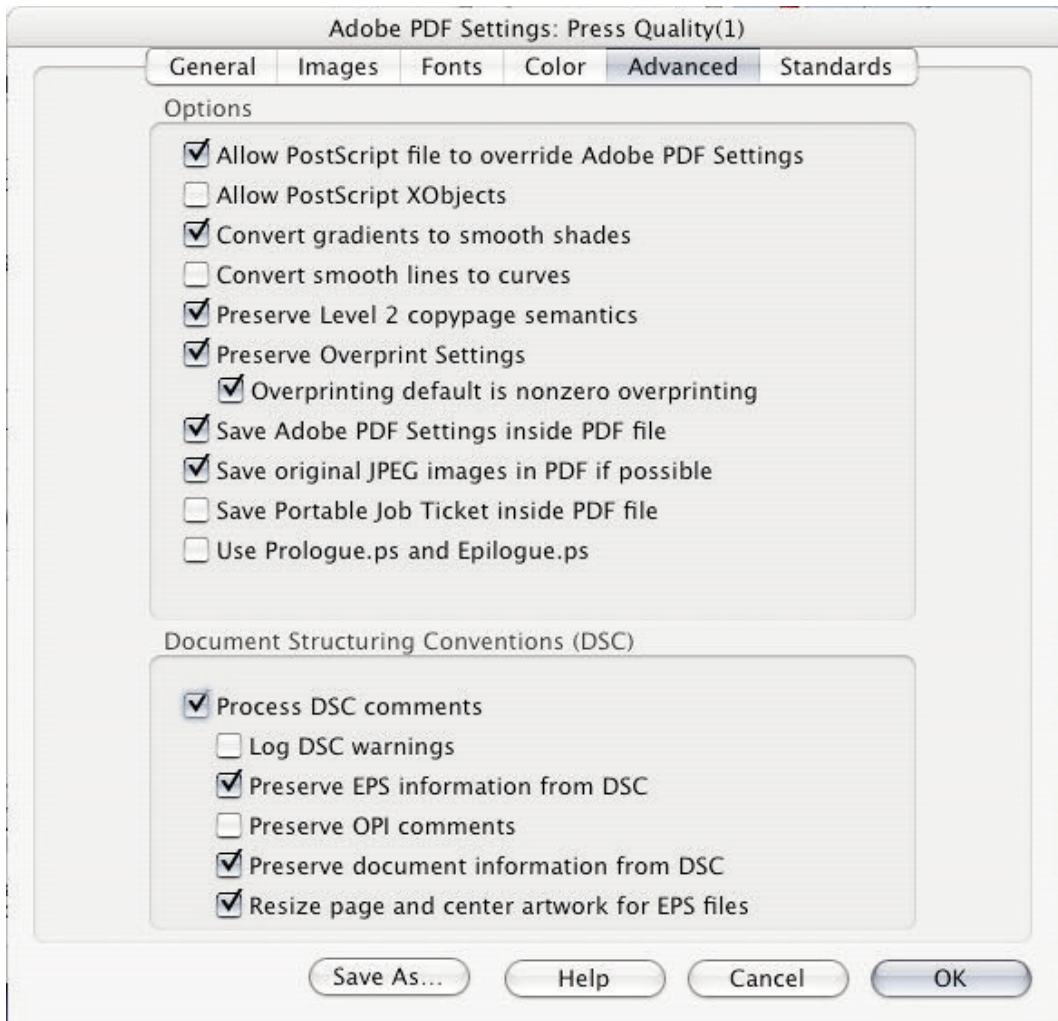


Color:

- Settings File: None.
- Color Management Policies: **Leave Color Unchanged (Your document should only contain CMYK colors and images before distilling the PostScript file.)**
- Rendering Intent: Preserve
- Check: Preserve Under Color Removal and Black Generation
- When Transfer Functions are found: **Remove**
- Don't check: Preserve Halftone Information

Acrobat Distiller Settings.

Acrobat 9 continued



Advanced:

- **Options:** Check all boxes except "Allow PostScript XObjects", "Convert smooth lines to curves", "Save Portable Job Ticket inside PDF file", "Use Prologue.ps and Epilogue.ps"
- **Document Structuring Conventions (DSC):** Check all boxes except "Log DSC Warnings" and **never check "Preserve OPI Comments"**.

Standards: You do not need to change anything in this tab

